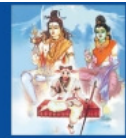


ॐ नमः शिवाय
Om Namah Shivaya



प्रदोषम
Pradosham



Foodlands Hall, Airport Road Abu Dhabi, UAE

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ABHISHEKA REQUIREMENTS (ANOING SUBSTANCES FOR LORD SHIVA) -
Quantity measurements and requirements for a Pradosha Pooja or a small Pooja at home

S.No.	LIST OF ABHISHEKA ITEMS	QUANTITY	MISCELLANEOUS ITEM REQUIREMENTS	
1.	Seasame Oil or Sandalwood oil	1/4 Tumbler	Turmeric powder	50 gram
2.	Panchagavyam consists of :- [<i>vibhuthi</i> can be used in the absence of cow dung or cow urine]	1 Tumbler	Rice for <i>Kumbham</i>	250 gram
3.	Panchamrutham consists of :-	3 Tumblers or 250 grams	Blouse piece for <i>Kumbham</i>	1 Piece
4.	Ghee (slightly heated)	1 Tumbler	Mango leaves	1 bunch
5.	Milk	1/4 Litre	Manjal Kumkum (Vermilion)	1 packet or 50 gram
6.	Yoghurt (curd)	1 Tumbler or 150 ml	Plantain Leaves	3 pieces
7.	Honey	1 Tumbler or 150 ml	Beetle leaves + nuts	14 sets (1 set is 2BL+2N)
8.	Sugarcane Juice (sugar can be used as substitute)	1 Tumbler	Raw Coconut for Pooja	3 pieces
9.	Lime Juice	1 Tumbler or 150 ml	Thirunool (Lamp Wick)	2 small packets
10.	Tender Coconut	3 Pieces or 5 Pieces	Ganga Jal (Ganges Water)	1 small packet
11.	Sandalwood Powder	5 boxes of 25 gm each	Oil for lamp	1 bottle (1/2 litre)
12.	Vibuthi (for abhishekam)	1 packet of 150 gram	Tissue box	4 boxes
13.	Rose Water	1 Tumbler or 150 ml	Plain Cloth towel	3 pieces to clean Vighram
14.	Pure Water	3 Big cans or 10 litres	<i>Vibuthi</i> for devotees use	1 packet
15.	Saffron	1 small packet or 3 grams	Other items	2 scissors, 1 knife
16.	Food Camphor (Pachaikarpooram)	1 small packet or 5 grams	Other items	used newspapers
17.	Cow Urine	1 pack or 10 ml		
	FLOWER REQUIREMENTS	Click here		
	NAYVEDHYAM - click here FOR OTHER VARIETIES OF RECIPES	Cooked rice		none - click here
SEQUENCE OF ABHISHEKA DRAVYAMS (ANOING SUBSTANCES)				
1.	தைலம் (அ) எண்ணெய்	SANDALWOOD OIL OR SEASAME OIL		
2.	பஞ்சகவ்யம்	PANCHAGAVYAM		
3.	பஞ்சாமிருதம்	PANCHAMRUTHAM		
4.	நெய்	GHEE		
5.	பால்	MILK		

6.	தயிர்	YOGHURT	
7.	தேன்	HONEY	
8.	கரும்புச்சாறு	SUGARCANE JUICE	
9.	எலுமிச்சை சாறு	LEMON JUICE	
10.	இளனிர்	TENDER COCONUT WATER	
11.	சந்தனம்	WANDALWOOD PASTE	
XTRA	விபுதி	VIBHUTHI	

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