

Achamanam... **Sankalpam:** Achuthaya Namah, Ananthaaya Namaha, Govindaya Namaha, Kesava, naaraayaNa, maadhava, govinda, vishnu, madhusoodana thrivikrama, vaamana, sridhara, hrusheeksha, pathmanabha....daamodara.....then.....suklAm baratharamOm bhU: + bhUrbhuvasvarom, mamopAththa, samastha dhuridayakshathvaara sri parameshwara preethathrthyam, apavithra : pavithroVA sarvAvasthAm kathobivA, yasmareth puNdareekAksham, sapAhya, abhyanthara: suchi: mAnasam vAchikam, pApam, karmnA, samupArjitham, sree rAma, smaraNenaiva, vyapohathi nasamsaya: srl rAma rAma rAma thithirvishNu: thathAvAra: nakshathram, vishNurevacha yogashcha karaNanchaiva sarvam vishNumayam, jakath, shrl govintha govintha, govintha adhyashree bhagavatha: mahA purushasya vishNorAkgyA pravarththamAnasya, adhyabhrummaNa: dhvitheeya parArththe shvetha, varAhakalpe, vaivasvatha, manvantharey, ashtAvimshathi, thame, kalyuge, prathamepAthe jambhUdhweepe, bhArathavarshey, bharathakaNtemero: dakshiNe pArshvey sahAbthey, asminvarththamANE, vyApahArike, prabhavAthi, shashtyaam, samvathsarANAm, madhye.....**then recite following mantra.**

28.09.15 - Monday

Manmatha nAma Samvathsarey DakshiNayaNe Varsha Rudhow, Kanya mase, Krishna pakshe, **PrathamAm** Punyathithow **Indhu** Vasara yukthAyAm, **Uthraposhtapatha** nakshathra yukthAyAm, **Vrudhdhi** yoga, **Baalava** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **PrathamAm** punyathithow (pracheena vidhi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUScha akshayya thrupthyarhtham kanyAdatheeyavidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAIE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye.

Note - 1: (Do extra Avahanam after performing Avahanam of Father/Mother's lineage by adding one more koorcham) Thaththath GothrAnAm thaththath sharmanAm vasu-rudra-Aditya svaroopanAm pithrubhya mAthulAthi vargadvaya avasishTanAm sarveshAm asmin thrutheeya koorche sakArunika pithroon AvAhayAmi.

Note - 2: (After completing tharpanam of Father/Mother's lineage - do extra tharpanam by reciting) Thaththath GothrAnAm thaththath sharmanAm vasu-rudra-Aditya svaroopanAm pithrubhya mAthulAthi vargadvaya avasishTanAm sarveshAm asmin thrutheeya koorche SakArunika pithroon swatha namas tharpayAmi (3 times and pour water).

Note - 3: (YathAsthanAm -restore to pre-existing) : Oorjam Vahantheehi Amrutham Ghrutham Payaha keelAlam parsrutham swadhAstha Tharpayathame sakArunika vargadvaya pithroon yathAsthanAm prathiShTApayAmi.)

Repeat the note 1, 2, 3 above in all Mahalayapaksha Tharpanam below

29.09.15 - Tuesday

Manmatha nAma Samvathsarey DakshiNayaNe Varsha Rudhow, Kanya mase, Krishna pakshe, **DwitheeyAyAm** Punyathithow **Bhwoma** Vasara yukthAyAm, **Revathi** nakshathra yukthAyAm, **Dhuruva** yoga, **Thaithula** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **DwitheeyAyAm** punyathithow (pracheena vidhi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUScha akshayya thrupthyarhtham kanyAdatheeyavidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAIE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye.

30.09.15 - Wednesday

Manmatha nAma Samvathsarey DakshiNayaNe Varsha Rudhow, Kanya mase, Krishna pakshe, **ThrutheeyAyAm** Punyathithow **Sowmya** Vasara yukthAyAm, **Ashwathi** nakshathra yukthAyAm, **Harshana** yoga, **Vanijai** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **ThrutheeyAyAm** punyathithow (pracheena vidhi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUScha akshayya thrupthyarhtham kanyAdatheeyavidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAIE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye.

01.10.15 - Thursday (Mahaabharani)

Manmatha nAma Samvathsarey DakshiNayaNe Varsha Rudhow, Kanya mAsE, Krishna pakshe, **ChathurthyAm** Punyathithow **Guru** Vasara yukthAyAm, **Apa Bharani** nakshathra yukthAyAm, **Vajra** yoga, **Sakuni** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **ChathurthyAm** punyathithow (pracheena vidhi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUScha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAIE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye.

02.10.15 - Friday

Manmatha nAma Samvathsarey DakshiNayaNe Varsha Rudhow, Kanya mAsE, Krishna pakshe, **PanchamyAm** Punyathithow **Brugu** Vasara yukthAyAm, **Kruthikaa** nakshathra yukthAyAm, **Siddhi** yoga, **Thaithula** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **PanchamyAm** punyathithow (pracheena vidhi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUScha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAIE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye.)

03.10.15 - Saturday

Manmatha nAma Samvathsarey DakshiNayaNe Varsha Rudhow, Kanya mAsE, Krishna pakshe, **ShashtyAm** Punyathithow **Sthira** Vasara yukthAyAm, **Rohini** nakshathra yukthAyAm, **Vyathipaatha** yoga, **Vanijai** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **ShashtyAm** punyathithow (pracheena vidhi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUScha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAIE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye.

04.10.15 - Sunday

Manmatha nAma Samvathsarey DakshiNayaNe Varsha Rudhow, Kanya mAsE, Krishna pakshe, **SapthamyAm** Punyathithow **Bhaanu** Vasara yukthAyAm, **Mrugasheersha** nakshathra yukthAyAm, **Vareeyaan** yoga, **Shakuni** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **SapthamyAm** punyathithow (pracheena vidhi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUScha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAIE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye.

05.10.15 - Monday (Madhyashtami)

Manmatha nAma Samvathsarey DakshiNayaNe Varsha Rudhow, Kanya mase, Krishna pakshe, **AshtamyAm** Punyathithow **Indhu** Vasara yukthAyAm, **Aardhraa** nakshathra yukthAyAm, **Pareega** yoga, **Kaulava** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **AshtamyAm** punyathithow (pracheena vidhi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmith pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmith sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUScha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAIE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye.

06.10.15 - Tuesday

Manmatha nAma Samvathsarey DakshiNayaNe Varsha Rudhow, Kanya mase, Krishna pakshe, **NavamyAm** Punyathithow **Bhowma** Vasara yukthAyAm, **Punarvasu** nakshathra yukthAyAm, **Shiva** yoga, **Karasai** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **NavamyAm** punyathithow (pracheena vidhi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmith pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmith sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUScha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAIE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye.

07.10.15 - Wednesday

Manmatha nAma Samvathsarey DakshiNayaNe Varsha Rudhow, Kanya mase, Krishna pakshe, **DasamyAm** Punyathithow **Sowmya** Vasara yukthAyAm, **Pushya** nakshathra yukthAyAm, **Sidhdha** yoga, **Karasai** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **DasamyAm** punyathithow (pracheena vidhi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmith pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmith sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUScha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAIE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye.

08.10.15 - Thursday

Manmatha nAma Samvathsarey DakshiNayaNe Varsha Rudhow, Kanya mase, Krishna pakshe, **EkadasyAm** Punyathithow **Guru** Vasara yukthAyAm, **AasleshA** nakshathra yukthAyAm, **Saadhya** yoga, **Baalava** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **EkadasyAm** punyathithow (pracheena vidhi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmith pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmith sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUScha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAIE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye.

09.10.15 - Friday (Sanyastha Mahaalayam)

Manmatha nAma Samvathsarey DakshiNayaNe Varsha Rudhow, Kanya mAsE, Krishna pakshe, **DwadasyAm** Punyathithow **Brugu** Vasara yukthAyAm, **MakhA** nakshathra yukthAyAm, **Shubhanaama** yoga, **Thaithula** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **DwadasyAm** punyathithow (pracheena vidhi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUScha akshayya thrupthyarhtham kanyAdatheey saavidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAIE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).

10.10.15 - Saturday

Manmatha nAma Samvathsarey DakshiNayaNe Varsha Rudhow, Kanya mAsE, Krishna pakshe, **ThrayodasyAm** Punyathithow **Sthira** Vasara yukthAyAm, **Poorvaphalguni** nakshathra yukthAyAm, **Subram naama** yoga, **Karasai** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **ThrayodasyAm** punyathithow (pracheena vidhi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUScha akshayya thrupthyarhtham kanyAdatheey saavidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAIE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).

11.10.15 - Sunday

Manmatha nAma Samvathsarey DakshiNayaNe Varsha Rudhow, Kanya mAsE, Krishna pakshe, **ChathurdasyAm** Punyathithow **Bhaanu** Vasara yukthAyAm, **Uthrapalghuni** nakshathra yukthAyAm, **Bhramya** yoga, **Bhadrai** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **ChathurdasyAm** punyathithow (pracheena vidhi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUScha akshayya thrupthyarhtham kanyAdatheey saavidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAIE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).

12.10.15 - Monday

Manmatha nAma Samvathsarey DakshiNayaNe Varsha Rudhow, Kanya mAsE, Krishna pakshe, **AmAvAsyAyAm** Punyathithow **Indhu** Vasara yukthAyAm, **Hastha** nakshathra yukthAyAm, **Mahendra** yoga, **ChathushpAtha** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **AmAvAsyAyAm** punyathithow (pracheena vidhi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUScha akshayya thrupthyarhtham kanyAdatheey saavidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAIE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).